

Stainland Lions

Supported by



WEST YORKSHIRE
PHYSIOTHERAPY
CENTRE

01274 693591

invite you to

“The Stainland 7”

On Sunday 6th September 2009 at 10:30am

A scenic 7 mile undulating road race starting and finishing at The Red Lion Pub, 400 Stainland Rd,
Halifax, HX4 9HU.

QUALITY GIFT TO ALL FINISHERS

Prizes for 1st, 2nd and 3rd Men and Women – plus Veterans category prize
Prize for 1st Male and Female teams (team consists of 3 runners from one club)

Entry £7.00 attached, £9.00 unattached

Entries available on day with £1 supplement

Please complete the section below and send with a cheque (made payable to Stainland Lions Road
Runners) and stamped addressed envelope to:

The Entries Secretary, Stainland 7, 25 Daleside, Greetland, Halifax, HX4 8QD

Numbers will be available to pick up on race day

Closing date for postal entries August 31st

For race enquiries email enquiries@stainlandlions.com or call Jess Riley on 07909515656
Race Permit applied for. Results will appear on www.ukresults.net

www.stainlandlions.com

Forename: **Surname:** **DOB:**

Address:

Postcode: **Email:**

Male/Female **Age on race day**..... **(must be 17 years or over)**

UKA Affiliated Club: **Membership No:**

Amount enclosed:

I hereby declare that I am an amateur according to UK Athletics Laws. I also declare that my participation in this event is entirely at my own risk and that none of the organisers or sponsors of this event nor their members, servants or agents, shall be liable in any way whatsoever in connection with any loss, damage, injury or death either caused to or by me.

Signed: **Date:**